

# Lunch Menu



Available daily 11am- 3pm

## 1 / 2 LUNCH SPECIALTIES

All dishes served with boneless Chicken Breast. Upgrade to Veal for \$1.  
Includes a side dish & your choice of soup or a salad.

### Marsala 15

Lightly floured and sautéed in a Marsala wine sauce & topped with fresh mushrooms.

### Parmesean 15

Breaded & freshly baked in our homemade marinara sauce. Topped with mozzarella cheese.

### Francese 15

Covered in a light Egg Batter and sautéed in a Lemon Butter & Wine sauce.

### Limone 15

Lightly floured and sautéed in a Lemon Butter & Wine sauce.

### Dorato 15

Breaded and sautéed in wine sauce, then baked with mozzarella & topped with fresh mushrooms.

### Florentine 15

Grilled and served over freshly sautéed Spinach, garlic, and topped with fresh mushrooms.

### Vesuvio 15

Grilled and Sautéed with garlic, oregano, white wine, and olive oil. Topped with roasted potatoes.

### Eggplant Parmesean 14

Eggplant breaded & freshly baked in our homemade marinara sauce. Topped with mozzarella cheese.

### Side Dishes

Spaghetti, Mostocioli, or Angel Hair. (Choice of Marinara Meat sauce, or Garlic & Oil)  
Roasted Potatos ▪ Sautéed Spinach  
Mixed Grilled Vegetables

### Homemade Soups (6)

Minestrone ▪ PastaFagioli ▪ Baked French Onion  
Tortellini ▪ Cream of Broccoli ▪ Italian Wedding

## 1 / 2 PASTA

Select your favorite fresh pasta and combine it with your choice of any of our homemade sauces. Includes your choice of soup or salad. (\$13)

### THE PASTA

Spaghetti ▪ Mostaccioli ▪ Angel Hair ▪ Fettuccini ▪ Rotini ▪ Gnocchi  
Cheese Tortellini ▪ Cheese Ravioli ▪ Rigatoni ▪ GF Penne ▪ GF Ravioli  
**Lasagna (Meat or Marinara)**

### THE SAUCE

#### MARINARA

Fresh tomatoes, veggies, and our secret blend of herbs make this classic Italian sauce.

#### MEAT

A Mangia Mangia family recipe.

#### Garlic & Oil

An abundance of chopped garlic and fresh parsley sautéed in olive oil.

#### ALFREDO

A house favorite. Classic rich parmigiana cream sauce.

#### VODKA

Fresh tomato sauce blended with vodka cream, and parmesan cheese.

#### CARBONARA

A rich silky cream sauce with prosciutto, parmesean cheese, and black pepper.

#### TOMATO BASIL

Fresh tomatoes in white wine, basil, and garlic.

#### PESTO

Fresh pesto made from a blend of basil, garlic, pinenuts, and olive oil.

#### FLORENTINE

Garlic wine sauce tossed in freshly sauteed spinach and garlic. Topped with fresh mushrooms.

### Toppings (A La-Carte)

Baked Cheese (2)

Broccoli (2)

Peas (1)

Mushrooms (3)

Prosciutto (3)

Sliced Sausage (7)

Meatball (4)

Chicken (5)

Shrimp (9)

Sun-Dried Tomatoes (3)

Zucchini (2)

Spinach (3)

# LUNCH SANDWICHES

Includes your choice of soup, salad, or fresh cut fries

- Bruschetta Chicken** 11  
Grilled chicken breast with a blend of diced tomatoes, garlic, fresh pesto, and mozzarella cheese.
- Blackened Chicken** 11  
Chicken breast covered in our special blend of cajun styled spices. Served with Lettuce & Tomato.
- Angelo's Filet Mignon** 18  
A butterflied (8oz) Fillet mignon, served on a bed of sautéed spinach and garlic. Topped with roasted red peppers and provolone cheese.
- Chicken Pesto Panini** 11  
Grilled chicken breast, mozzarella cheese and pesto sauce pressed and grilled on old world Italian Bread.
- California Chicken** 12  
Grilled Chicken breast, topped with mozzarella cheese, freshly made guacamole, and bacon.

- Salmon Sandwich** 18  
Fresh salmon prepared to your choice (Grilled or Blackened) Served on French bread.
- Grouper Sandwich** 18  
Fresh grouper prepared to your choice (Grilled, Blackened, or Fried) Served on French bread.
- Veggie Sandwich** 13  
Grilled Portobello mushroom, sauteed spinach, and garlic. Topped with roasted red peppers and provolone cheese.
- Cheeseburger** 7  
Classic cheeseburger cooked to your choice of temperature. Served with Lettuce, Tomato, and onion. Add Bacon \$2 | Upgrade to Double \$3
- Mangia Burger** 8  
Deliciously cooked beef patty served with grilled onions, roasted green peppers and provolone cheese.

## 1 / 2 SANDWICHES

Served with your choice of soup, salad, or fresh cut fries.

Add Cheese \$2 | Hot Peppers \$1 | Sweet Peppers \$2

- Chicken Parmesean** 9  
Chicken breast covered in our homemade breadcrumbs, marinara, and baked mozzarella.
- Eggplant Parmesean** 9  
Eggplant covered in our homemade breadcrumbs, marinara, and baked mozzarella.
- Chicken Salad** 9  
Diced chicken in a mix of mayo, celery, onion, and red wine vinegar. Served with Lettuce & Tomato
- Meatball** 9  
Large homemade meatball covered in marinara sauce and served on French bread.
- Italian Beef** 9  
Freshly sliced Italian beef covered in au ju.
- Pepper & Egg** 9  
Scrambled eggs mixed with sweet green peppers. Served on French bread.

## 1 / 2 SEAFOOD

Includes your choice of soup or salad.

- Spaghetti & Clams (Or Mussels)** 15  
An Italian staple; Served in your choice of red or white sauce. Simple ingredients include little neck clams, oil, chili pepper, and fresh parsley.
- Fried Cod** 14  
Crisp and crunchy fresh cod; Perfect for dunking in our amazing tartar sauce.
- Shrimp & Broccoli** 16  
Seasoned and sautéed shrimp served over Angel hair pasta. All in a delicious garlic butter sauce.

## SALADS

Add your choice of soup for \$2

- 1/2 Italian Salad** 10  
A fresh and favorable salad that's topped with tomatoes, red onions, olives, provolone cheese, salami, artichokes, and roasted red peppers. Served with Italian dressing.
- 1/2 Grilled Chicken Salad** 10  
Chicken breast grilled to perfection on a bed of iceberg and romain lettuce; includes tomatoes, red onions, roasted red peppers, and olives. Served with Italian dressing.
- 1/2 Special Salad** 11  
This light and healthy salad includes freshly sliced avocado, red onions, roasted red peppers, and olives. Served with Balsamic dressing.
- Calamari Salad** 14  
Fresh calamari prepared to your choice - *Fried, Grilled or Cold*. Served over Iceberg & Romain lettuce, topped with roasted red peppers, red onions, celery, and olives.
- 1/2 Chicken Caesar Salad** 10  
Our classic caesar salad; Delicious homemade croutons on a bed of romaine lettuce that's sprinkled with parmesan cheese.
- Soup & Salad Combo** 10  
Our side salad paired with your choice of soup!

### Dressings

Homade Italian - Ranch - Creamy Garlic - Blue cheese - French - Caesar - Balsamic

## DRINKS

- Soft Drink** 3  
Coke - Diet Coke - Sprite - Lemonade  
Root Beer
- Iced-Tea (Fresh Brewed)** 3
- Milk (Regular or Chocolate)** 3
- Coffee** 3
- Hot Tea** 3
- San Pellegrino - Small** 4
- San Pellegrino - Large** 8

\*Decaf Coffee and Hot Tea available upon request.